

HEARTY FOODS



WE GIVE LOVABLE BLUE CHIP STAMPS



at Lovable Prices

FOODS CO. markets

USDA CHOICE

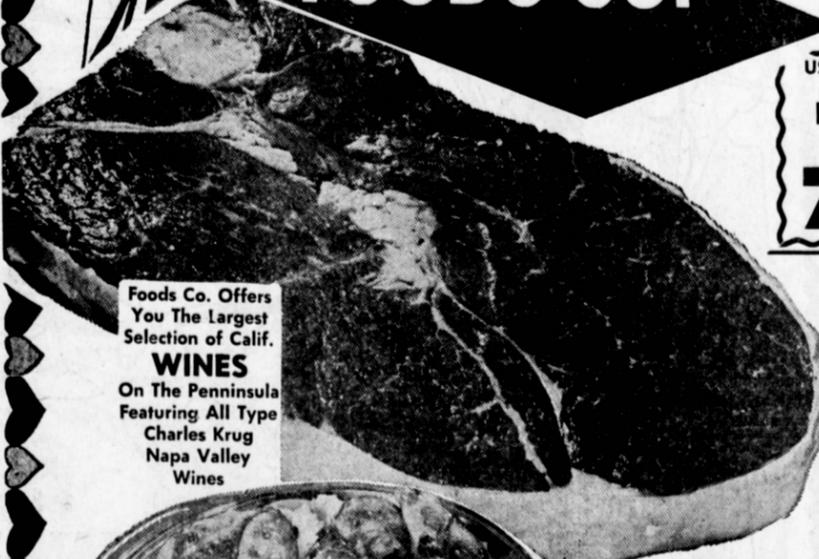
FULL CUT

ROUND

or SWISS

STEAK 67^c lb.

USDA CHOICE BONELESS ROUND STEAK 77^c lb.



Foods Co. Offers You The Largest Selection of Calif. WINES On The Peninsula Featuring All Type Charles Krug Napa Valley Wines

USDA CHOICE BONELESS SIRLOIN TIP

STEAK 89^c lb.

USDA GRADE CHOICE

CUBE STEAK 95^c lb.



USDA CHOICE RUMP ROAST

Boneless Rump ROAST USDA CHOICE 79^c lb. 69^c lb.



CHICKEN and DUMPLINGS

FRESH WHOLE BODY STEWING

CHICKENS

CUT-UP STEWING

CHICKEN

Economical Meal Treat

23^c lb.

19^c lb.



LIVER and BACON

FRESH SLICED BEEF

LIVER

49^c lb.



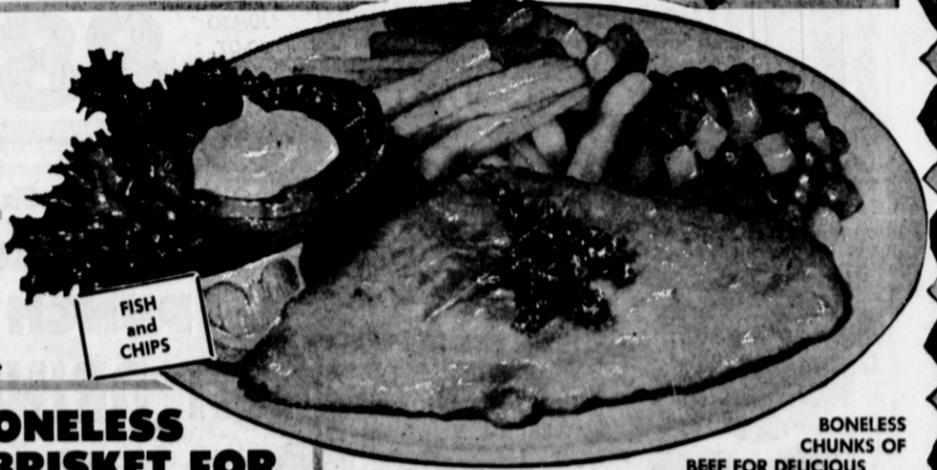
SLICED BACON

FARMER JOHN BRAND

FULL 1-LB. PKG.

49^c

SLICED NORTHERN HALIBUT 59^c lb.



FISH and CHIPS

INDIVIDUALLY FROZEN Scallops 1-lb. Bag Delicious Sea Food 79^c

STEAM FRESH TROUT 12-oz. Pkg. 59^c lb.

CLEANED & PEELED SHRIMP Fresh Stream 6-oz. Pkg. 49^c lb.



CORNER BEEF and CABBAGE

BONELESS BRISKET FOR CORNER BEEF

WHOLE OR POINT

59^c lb.



BONELESS CHUNKS OF BEEF FOR DELICIOUS BEEF STEW 69^c lb.

BEEF-PORK-VEAL MEAT LOAF 49^c lb.

FRESH LEAN GROUND BEEF 39^c lb.

GROUND CHUCK 59^c lb.

EXTRA LEAN GROUND ROUND 67^c lb.